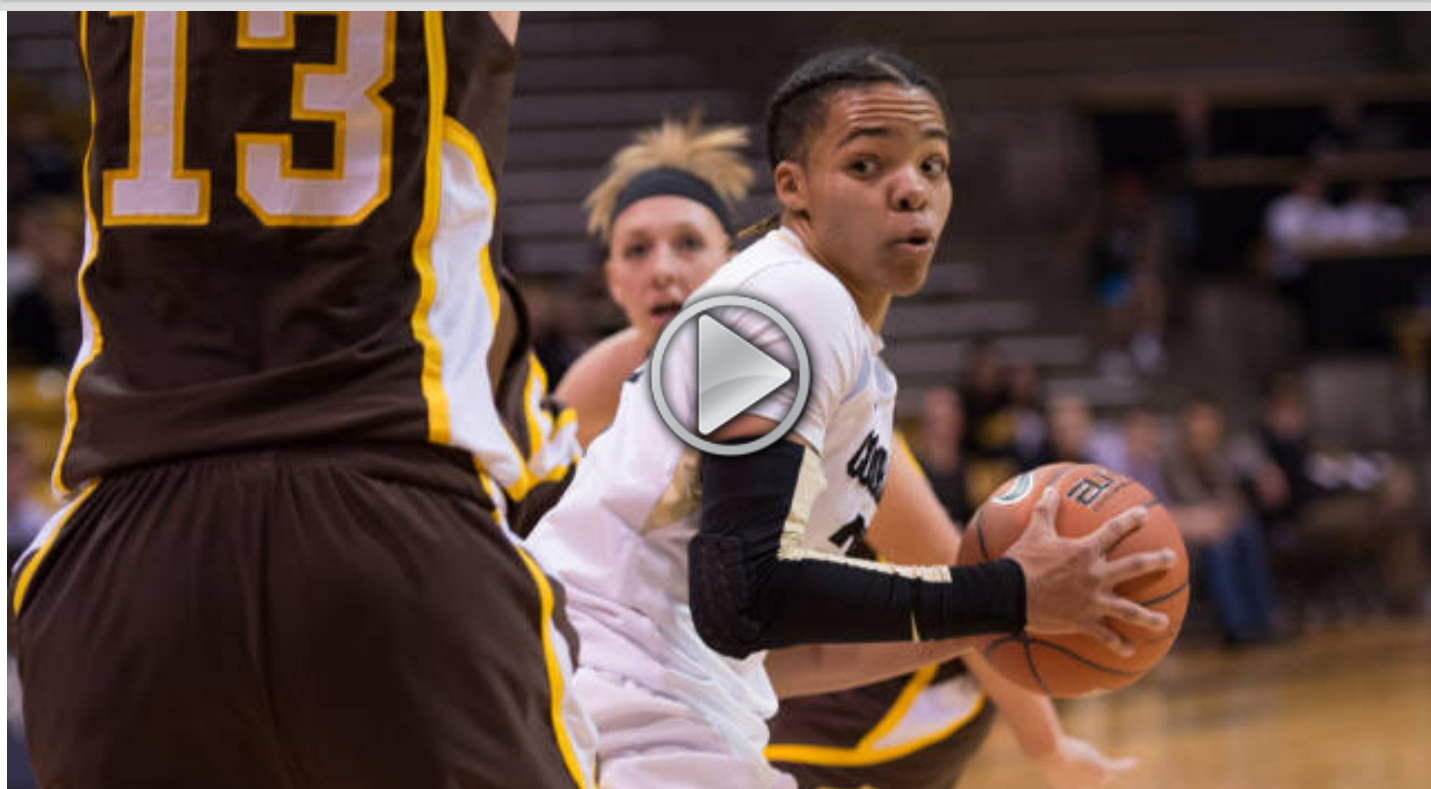




COLORADO BUFFALOES

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Chucky Jeffery looks for an opening to the basket against Wyoming.

Photo Courtesy: Joel Broida



Brooks: Buffs Run Past Cowgirls, Remain Unbeaten

Release: 11/28/2012 Courtesy: B.G. Brooks, Contributing Editor

BOULDER - Non-conference basketball schedules are all about preparing for the real thing - conference play. If a team can improve game-by-game, that's good. If it can remain unbeaten while improving, all the better.

The University of Colorado women's basketball team is doing both. The Buffs used a 9-0 run midway through the second half to pull away from Wyoming and win 68-59 on Wednesday night at the Coors Events Center.

"When you're not in your conference schedule, you want as many different scenarios as you can get," said CU coach Linda Lappe, whose team went to 5-0 and 3-0 at home this season. "We're starting to get that with this year's schedule . . . I feel we'll be prepared for whatever we see down the road."

What the Buffs saw Wednesday night from the previously unbeaten Cowgirls (4-1) was an opponent that runs its offense

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efficiently, was strong on the boards, goes to the rim often and still was shooting just over 40 percent from beyond the arc.

"We've seen a lot of good things from good teams," said CU senior guard Chucky Jeffery. "It's good because in the Pac-12 we'll be seeing a lot of different things from different things . . . (Wyoming) has some good three-point shooters. They ran a lot of pick-and-pops, which we haven't seen a lot, but we adjusted and got the win."

Jeffery's contributions were major; she recorded her 21st career double-double with 21 points and 10 rebounds in what Lappe called "kind of her breakout game so far . . . she's eased her way back in. It was good to see her play and get into her flow. She was more aggressive and we needed her to be."

The Buffs also got double-figure scoring performances from Arielle Roberson (14) and Jen Reese (10), with Lexy Kresl adding eight.

With the exception of a 39-39 draw on the boards, CU held a statistical advantage in every other category. The Buffs outscored the Cowgirls 34-20 in the paint, 27-9 off of turnovers, 13-6 in second-chance points, 8-0 on fast breaks and 22-12 in bench productivity.

"Wyoming's a good team," Reese said. "I give them props . . . they came out and played their game. But we came out and got the win."

Lappe was particularly pleased with her team committing just 12 turnovers and converting the visitors' 18 errors into 27 points. "We made their turnovers count," Lappe said, adding that her team regained its composure in the second half and turned the ball over only five times.

Although far from perfect, the Buffs led most of the first half and were up 31-26 at intermission. They didn't shoot exceptionally well (40.6 percent) from the field, but their defense on the Cowgirls compensated for that.

"We came out a little slow," Jeffery said. "We were just not hitting our shots, not recognizing to get the ball inside. After we figured it out, we got it going."

Wyoming went almost 5 minutes between field goals to open the game and at the 5-minute mark, the Cowgirls had hit only two field goals and trailed 10-4. But the Buffs encountered their own cold spell shortly thereafter and the visitors quickly caught up.

The Cowgirls tied the score at 15-15 on a three-pointer by Kaitlyn Mileto, who scored a team-high 16 points, then went up 18-15 - their first lead since 2-0 - on another trey by Ashley Sickles. But a 9-4 run to close out the half gave the Buffs their five-point advantage at intermission.

The Cowgirls took a pair of three-point leads early in the second half before the Buffs settled down and took control with their 9-0 run. Trailing 43-42, CU got a three-pointer from Kresl, a conventional three-point play from Roberson and a three-ball from Brittany Wilson to go up 51-43 with 11:55 to play.

When that 9-0 spurt extended to 15-4, the Buffs were in command. Wyoming pulled as close as four points a couple of minutes later, but never threatened again. CU increased its lead to as many as 14 points in the final 7 minutes.

Teams' identities change yearly, and Lappe said this CU team's second-half focus is much better than last: "We've come out with the right focus in the second half and we have some confidence in us. I think that is where your experience comes into play. We have experienced players on the floor that have been in those situations, and they've been able to provide whatever the needs, at whatever point. I think you definitely saw that tonight."

The Buffs travel to Illinois on Saturday, with the next home game coming on Wednesday, Dec. 5 against Colorado State in the first game of a men's-women's doubleheader against the Rams. The women's game tips at 5:50 p.m.

NOTE: Junior guard Ashley Wilson will undergo arthroscopic knee surgery on Thursday and be sidelined for

two to three weeks. Lappe said the Buffs missed Ashley's energy off the bench Wednesday night, but she was counting on someone else stepping up to fill that void. "I thought (freshman) Lauren Huggins did a great job coming in and providing a spark that we needed," Lappe said.

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SHOW MENU



Women's basketball: CU Buffs beat Wyoming behind strong second half

By Brian Howell Buffzone.com Boulder Daily Camera

Posted:

Buffzone.com

Second half struggles burned the Colorado women's basketball team a few times last year.

So far this year, the Buffs are showing they've figured out to thrive in the final 20 minutes.

On Wednesday night, CU had a strong second half in knocking off visiting Wyoming 68-59 at Coors Events Center.

"We've come out with the right focus in the second half and we have a confidence about us," CU head coach Linda Lappe said.

CU (5-0) had runs of 14-3 and 9-1 after intermission to hand the Cowgirls (4-1) their first loss of the season.

Chucky Jeffery had her 21st career double-double, finishing with a game-high 21 points and 10 rebounds. She also had five steals and three assists.

Arielle Roberson scored 14 points and Jen Reese added 10 for the Buffs.

Colorado is 5-0 for the second year in a row. It's the first time CU has done that two years in a row since the 1992-93 and 1993-94 seasons.

"It feels great," Reese said. "Last year, it was great, but this year I feel like we have more competition and going into (conference play) it's going to help us a lot. It's been good to beat really good teams."

This was the second straight game that CU used a good second half to beat a quality team, as it played well down the stretch Saturday in outlasting San Diego State. Big second-half spreads turned the two games before that into routs.

"We knew we had to come out (in the second half) and we had to be intense and bring the energy right away," Jeffery said. "The second half is a good half; that's when we start to recognize things and know that we have to bear down on defense and get stops in order to win."

Against Wyoming, the Buffs had good energy from the start of the game, but the Cowgirls, as expected, never led the Buffs run away. Back-to-back 3-pointers from Kaitlyn Mileto and Ashley Sickles gave Wyoming an 18-15 lead with 6:25 to play in the first half.

A 9-2 run, capped by a Meagan Malcolm-Peck 3-pointer gave the Buffs a 27-22 advantage late in the first half. CU maintained that five-point lead, at 31-26, going into the break.

Wyoming got hot coming out of the break, going on a 12-4 surge to take a three-point lead.

CU dominated from that point forward, though. Wyoming had just 19 points in the final 15 minutes and the Buffs shot 46.9 percent in the second half. Included in that was CU's two big runs.

"The difference in the game was a segment in the second half when we got multiple stops in a row and scores on the offensive end," Lappe said.

Throughout the night, the Buffs had different players step up at various times, whether it was Reese scoring eight points in the first half, or Lexy Kresl scoring six in a row at one point, or Roberson racking up seven points in a span of just over three minutes.

"I really liked how unselfish our team was tonight and how we got the ball to the player with the hot hand," Lappe said. "I told our team, I think its the first time since we've been here that we've been able to recognize that and been unselfish enough to go ahead and go to the well until it was dry."

The well never went dry with Jeffery, who had her best game of the season. She had 11 points in the first half and 10 more in the second.

"Tonight, it was her night," Lappe said. "She was much more aggressive and we needed her to be, because they were taking other things away. I thought this was definitely Chucky's kind of break-out game."

It was Jeffery's first 20-point game since March 19.

"I caught a good rhythm early on, so that was kind of good for me, and I was getting my teammates the ball, and that also gets me in a rhythm in a different way," she said. "I think it was good for me to come out and have a good game like that."

Follow Brian on Twitter:

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Colorado 68, Wyoming 59 WYOMING (59)

MIN FG 3PT FT Rb PF TP

Woodward 31 3-16 2-5 2-2 5 1 10

Sickles 39 6-11 2-5 0-0 4 1 14

Sewell 33 4-10 0-0 1-2 14 1 9

Gorrell 16 0-2 0-0 0-0 1 4 0

Mileto 37 6-12 2-5 2-2 2 3 16

Dent 5 0-1 0-0 0-0 1 0 0

Lewis 13 1-4 0-0 3-4 1 0 5

Freeze 3 0-2 0-0 0-0 1 0 0

Landry 22 1-2 1-2 2-2 1 3 5

Boehme 1 0-0 0-0 0-0 2 0 0

Team 7

Totals 200 21-60 7-17 10-12 39 13 59

Assists (12): Gorrell 3, Woodward 2, Sewell 2, Dent 2, Landry 2, Mileto.

Steals (2): Sewell, Mileto.

Turnovers (18): Mileto 4, Sewell 3, Woodward 2, Sickles 2, Gorrell 2, Landry 2, Freeze, Boehme, Team.

Blocked shots (5): Sickles 2, Landry 2, Sewell.

COLORADO (68)

MIN FG 3PT FT Rb PF TP

Roberson 29 6-10 0-0 2-3 5 3 14

Hargis 21 2-3 0-0 0-0 1 1 4

B. Wilson 26 2-10 1-5 0-0 2 3 5

Sborov 23 1-3 0-0 0-1 6 3 2

Jeffery 37 10-18 1-2 0-0 10 1 21

Kresl 28 2-8 1-7 3-4 3 0 8

MM-Peck 7 1-3 1-2 0-0 2 0 3

Huggins 2 0-0 0-0 0-0 0 1 0

Reese 23 4-8 0-1 2-2 4 2 10

Swan 4 0-1 0-0 1-2 4 1 1

Team 2

Totals 200 28-64 4-17 8-12 39 15 68

Assists (11): B. Wilson 3, Jeffery 3, Kresl 2, Reese 2, Sborov.

Steals (13): Jeffery 5, Kresl 4, B. Wilson, Huggins, Reese, Swan.

Turnovers (12): Jeffery 5, Roberson 3, Hargis, B. Wilson, Reese, Swan.

Blocked shots (8): B. Wilson 2, Kresl 2, Roberson, Hargis, Jeffery, Swan.

Halftime score: Colorado 31, Wyoming 26.

Technical fouls -- None.

Attendance -- 1,552.

Women's basketball: CU Buffs' Ashley Wilson will have surgery on knee

By Brian Howell Buffzone.com Boulder Daily Camera

Posted:

DailyCamera.com

Knee pain has bothered Ashley Wilson throughout her career at Colorado, and it will finally sideline her for a few weeks.

Today, Wilson, a junior on the CU women's basketball team, is scheduled to have arthroscopic surgery on her right knee in an effort to clean up some loose cartilage. She is expected to miss two to three weeks.

"She was getting to where she was limping pretty good, so I think this is going to really help her feel good for the rest of the year," CU head coach Linda Lappe said.

Wilson, who sat out Wednesday's game against Wyoming, is averaging 14.8 minutes per game off the bench this season. A high-energy player on both ends of the floor, she is averaging 3.0 points per game while providing the Buffs with a spark on defense.

Despite battling knee pain throughout her career at CU, Wilson has missed just six games, including Wednesday. Just three of those were because of injury. And she has never missed two games in a row.

Homecoming

Wyoming senior Chaundra Sewell returned to the site of some of her greatest moments as a basketball player.

Sewell helped Broomfield High School win three consecutive Class 4A state championships from 2007-09, winning them all at Coors Events Center.

"It's awesome. I love playing here," she said. "It's home, so it's great to be back. It's great to have so many family and friends, being back so close to home, and people I haven't seen in years since I graduated are here tonight, so it meant a lot."

Sewell had a good performance, too. She finished with nine points and a game-high 14 rebounds, including eight offensive rebounds. Sewell is averaging 12.2 points and 9.2 rebounds per game this season.

Taking advantage

CU forced 18 turnovers and, most important, scored 27 points off of those turnovers, including 15 in the second half.

"I thought we did a nice job of upping our pressure in the second half," Lappe said. "Then we executed. We made their turnovers count."

On the flip side, CU had just 12 turnovers of its own, with Wyoming scoring just nine points off of those. Wyoming scored just two points off of CU turnovers in the second half.

Still perfect

With Wednesday's win, the women's team is 5-0, while the CU men's team is 6-0. This is the first time both teams have started 5-0 since the 1982-83 season. That year, both teams started 7-0.

Notable

CU has won its last 18 regular season non-conference games. ... The Buffs are 24-1 in nonconference home games (including postseason play) during Lappe's three seasons as head coach. ... CU is 35-9 all-time against Wyoming and has won three in a row against the Cowgirls. ... Chucky Jeffery moved into 17th on CU's all-time scoring list with 1,270 points. She passed Crystal Ford (1,255) on Wednesday. ... Kaitlyn Mileto led Wyoming with 16 points.

Follow Brian on Twitter:

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Buffs women's basketball beats Wyoming to move to 5-0

By [Jessica Malknecht](#) in [Basketball](#), [Front Page](#), [Sports](#) on Nov 29, 2012 10:07 / [comments](#)

The lady Buffs continue their winning streak with a 68-59 win over the University of Wyoming Wednesday night at the Coors Events Center.

Senior guard Chucky Jeffery tallied her 21st career double-double, leading the Buffs with 21 points and 10 rebounds. Two other players made it to double figures, freshman forward Arielle Roberson (14) and sophomore forward Jen Reese (10).

Leading the Cowgirls with 10 total points was Kaitlyn Mileto.

The Buffs' shooting average wasn't all that hot at 40.6 percent, but what kept them alive was their die-hard defense. CU dominated the boards and out rebounded Wyoming, 21-17.

There was almost a five-minute spread between the Cowgirls' first basket of the game and their second. The Buffs got an early 10-4 lead, but lost some spark as Wyoming tied it up at 15. Shortly after,

Mileto nailed a three-pointer to give the Cowgirls their first lead since their very first basket of the game.



Sophomore guard Lexy Kresl attempts a lay-up against Wyoming's Chaundra Sewell during a game on Wednesday evening at the Coors Events Center. The Buffs moved to 5-0 on the season with the 68-59 win. (Kai Casey/CU Independent)

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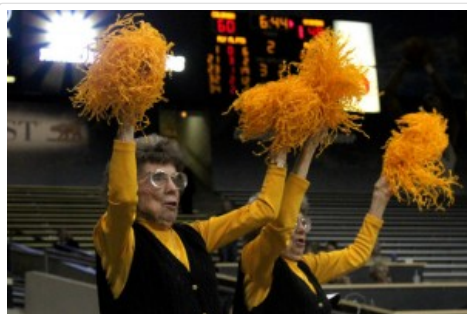
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BUFFS ON VID



Eighty eight-year-old twins Betty Fitzgerald Hoover and Peggy Fitzgerald Coppom cheer on the CU women's basketball team during the game against Wyoming Wednesday at the Coors Events Center. (Kai Casey/CU Independent)

Going into the second half, the Buffs carried a five-point lead. The Cowgirls then went on a run to go up 43-42, but after three consecutive three-pointers from sophomore Lexy Kresl, Roberson, and junior Brittany Wilson, the Buffs took the lead at 51-43. The Cowgirls trailed the rest of the game, and CU eventually took the win at 68-59.

The next women's basketball game will be away on Dec. 1 against the University of Illinois. But mark your calendars for



Wyoming women's basketball team finds first loss of the season in game against Colorado

NOVEMBER 28, 2012 8:01 PM • [BY BEN FREDERICKSON STAR-TRIBUNE STAFF WRITER](#)

BOULDER, COLO. — Chucky Jeffery was too much for Wyoming.

The senior guard for the Colorado women's basketball team shot jumpers and scored layups. And when she wasn't scoring, she was stealing passes and slipping assists passes to her teammates.

Jeffery scored 21 points and her Buffaloes beat the Wyoming women's basketball team 68-59 Wednesday night at the Coors Event Center in Boulder.

It was the first loss of the season for UW (4-1). Colorado moved to 5-0 on the season.

The Cowgirls stayed close to Colorado in the first half despite their leading scorer, sophomore forward Kayla Woodward, shooting 0-for-6.

That changed after halftime, as Woodward hit a 3-pointer, a bank shot, then two free throws that gave UW a 36-35 lead

"We just couldn't hang on to it," UW coach Joe Legerski said after the game.

That was mostly due to Jeffery, along with UW giving away 27 points off of turnovers. After an 11-point first half, Jeffery continued to exploit the Cowgirls' defense in the second.

"She's got so many dynamics to her game," UW sophomore guard Kaitlyn Mileto said of Jeffery after the game.

"She's a great competitor," UW senior forward Ashley Sickles added "She's one of the top in their conference. We knew that."

But the Cowgirls couldn't stop her.

Jeffery finished her evening with 10-of-18 shooting, including one 3-pointer. She also pulled down 10 rebounds, had three assists and five steals.

Mileto led the Cowgirls with 16 points. Sickles scored 12 points. Woodward rebounded from he cold start to total 10 points on 3-of-16 shooting.

UW senior forward Chaundra Sewell scored nine points before leaving the game with what appeared to be a right knee injury with approximately 10 minutes left in the game.

UW coach Joe Legerski said Sewell's injury was a cramp after the game. Sewell's 14 rebounds were one fewer than her career-best.

The Cowgirls won't have long to put the loss out of their minds.

They play Eastern Michigan at 2 p.m. Saturday at Arena-Auditorium in Laramie.

"We don't have a lot of time," Legerski said.

Cowgirls Tracker

WEDNESDAY: Colorado 68, Wyoming 59

FIRST LOSS: Wyoming's first loss of the season moved the Cowgirls' record to 4-1

NEXT: Eastern Michigan at Wyoming, 2 p.m. Saturday

MORE ONLINE: Follow Star-Tribune reporter Ben Frederickson on Twitter (@Ben_Fred) for news and updates on UW athletics.